

CVYWA



2019-2020 CVYWA Association Handbook

WRESTLING

Non partisan Youth Wrestling Association

Welcome to CVYWA

CVYWA stands for Central Valley Youth Wrestling Association. CVYWA is an association dedicated in promoting the sport of wrestling to its Elementary-Jr. High aged kids in the Central Valley and California. We are a non partisan association which means we support all things CVYWA along with attending Ca-USA and SCWAY Wrestling Association events. Our goal is to provide an environment to help enrich children in the sport of wrestling. We can be successful at this with the help of our clubs, parents, and the many volunteers that assist us in becoming more competitive in the local, State, and National level.

HOW TO BECOME A CVYWA CLUB:

All clubs must join by **October 7th** (date of 2nd Association Meeting) of the current calendar year. Each club must send a representative to our meeting to be held three (3) times a year. The 1st will be in September, then October and the last will be a week before post season in February.

It is **MANDATORY** that each team has a representative there, especially **the 1st meeting of the year because that is when Board officials are elected, leagues aligned and tournament dates set.**

MISSION STATEMENT:

“To provide structure and organization to the sport of Junior High and Elementary and off-season High School wrestling in the Central Valley of California.”

BOARD OF DIRECTORS

2017-2018 BOARD MEMBERS (Updated 10/17/17)

President

Adrian Hernandez- Tulare Titans

559-762-1953

cvtournamentpros@gmail.com



Vice President

Eric Nothstein- Young Guns

559736-4650

tulareelitewc@yahoo.com



Secretary

Alex Gallardo- Wasco WC

661-243-5145

gallardoalex77@hotmail.com



North Valley



Citrus- Orange Cove: Andrew Cristobal 559-391-0036 cristobal-a@kcusd.com X



KCUSD: Isidro Arroyo 559-393-2170 bearsn1@yahoo.com X



Coalinga Roughnecks: Cassidy Lopez 559-246-2635 aztlanson@att.net X



Abe Lincoln/Team Selma: One Lopez 559-389-4563 onelopezjr@gmail.com X



Team Coalinga: James 'Pooh' Watson 559-572-8701 supernatural93210@yahoo.com X



Woodlake Wrestling: Abraham Rodriguez 559-786-7138 ahamrod@gmail.com X



Tulare Titans: Adrian Hernandez 559-762-1953 cvtournamentpros@gmail.com X



Divisadero/Trojan WC: Justin Mackey 559-731-7941 jmackey@vusd.org X

Exeter XMEN- Matt Gonzales 559-750-8083 mg.monarch.wrestling@gmail.com X



Wilson MS- Exeter: Mike Powell Jr. 559-303-8061 mpwrestling@gmail.com X



Cali Warriors: Thomas Thongseng 559-731-1406 thomaskthongseng@yahoo.com X



Team Dinamite- Dinuba: Michael Wright 559-786-5115 mwright@dinuba.k12.ca.us X



Lemoore PAL: Henry Campos 559-362-4086 henrycampos68@Hotmail.com X



Liberty MS- Lemoore: James McDonald 559-904-7411 james.mcdonald0305@gmail.com X



La Joya Middle School- Visalia: Anthony Aguire 559-736-7113 visaliaimpactwrestling@yahoo.com X



Central Unified (Team G): Arturo Breceda 559-288-9546 breceda.arturo@gmail.com X

South Valley



John Muir MS-Corcoran Youth FFG: Jonathan Toone 559-381-3110 jonathantoone@yahoo.com X



Star Wrestling Club: Brady Garner 208-339-3891 brady_garner@kernhigh.org X



Cecil Avenue MS- Delano Albert Sabado 661-201-6099 alberts@richgrove.org X



Burton Bulldogs K-8th: Marcos Benevidez 559-359-4926 cmambj@yahoo.com X



Jr. Drillers WC: Rick Priest 661-472-0052 rickpriest6@gmail.com X



Shafter Youth WC: Joseph Chacon 661-619-3993 killgo1978@gmail.com X



Porterville Klaws: Tim Vanni 559-359-8252 vanniadventures@hotmail.com X



Wasco WC: Alex Gallardo 661-243-5145 gallardoalex77@Hotmail.com X



Pioneer Middle School- Delano: Albert Sabado 661-201-6099 alberts@richgrove.org X



Young Guns- Eric Nothstein 559-736-4650 tulareelitewc@yahoo.com X



Richgrove WC K-8th: Albert Sabado 661-201-6099 alberts@richgrove.org X



Team M WC K-8th : Tim Avila 559-719-0713 tim5050@msn.com X



Almond Tree MS- Delano: Albert Sabado 661-201-6099 alberts@richgrove.org X



Tehachapi WC K-8th: Adrian Hart 661-972-7269 ahart68@bak.rr.com X



La Vina MS- Delano: Albert Sabado 661-201-6099 alberts@richgrove.org X



Elite Force WC- Joey Granata 661-444-1050 jgranata4@gmail.com X



Rebel Wrestling Club: Ramon Perez 805-354-9568 ramonperez89@gmail.com X



Misfits WC- Porterville: Marcos Benevides 559-359-7926 cmambj@yahoo.com X



Wasco Union Elementary: Casey Tavares 661-586-3820 catavares@wuesd.org X



Delano Diablos WC: Roman Salcedo 559-362-9042 honeybadgersp@yahoo.com X

Wrestling Participation Policies

Public School Eligibility

- Middle School eligibility to be determined by individual schools and school boards.
- Elementary and Jr High (K-8) age participation determined by association.

Clubs Eligibility

- Club (K-8th) participation determined by individual clubs.
(academics and citizenship should still be focused whether public school or club)

Rosters

All rosters need to be submitted by January 10th, 2019.

***all other wrestlers who join late or move into your district/team will have to be added by PETITION only at last meeting of season in February 2019**

****Final roster Due the Wednesday before Valley (no exceptions)**

****Team points will be deducted for MASTERS at a rate of 20 per division if rosters are not sent by this date.**

Other Standards

A wrestler may participate in a different program if:

- a. The wrestler has no place else to participate.
- b. A wrestler that is enrolled in private school or the local public school will not accommodate; there is no school team to wrestle with.

c. The wrestler **may participate** anywhere if there is room in that program.

d. Wrestlers must maintain a GPA required by his school or club to be eligible.

- Accepting non area wrestlers through the season is approved if a-d apply.

- RSP students will have their GPA determined by their IEP

2. Age Restrictions:

Individuals may not wrestle in K-1st Division if turn 8 years of age before **August 1st, 2019.**

Individuals may not wrestle in 2-3rd Division if turn 10 years of age before **August 1st, 2019.**

Individuals may not wrestle in 4-5th Division if turn 12 years of age before **August 1st, 2019.**

Individuals may not wrestle in MS Division if turn 15 years of age before **August 1st, 2019.**

***Grade takes precedence over AGE always. EX: 8 yr old 2nd grader belongs in 2-3rd grade division.**

3. Length of Rounds

- Rounds for each season will be 60(Elementary)-90(Jr. High) seconds in length by rules of the Officials. Rounds in the League, Valley, and Masters tournaments will be 60-90 seconds for both championship and consolation brackets.

- 60 to 90 second rounds are encouraged for all tournaments during each season to prepare athletes for postseason competition.

- Dual match round time will be 60-90 sec in length.

Dual matches (K-8th) before HS wrestling matches will be sought by various clubs in our Association. Those clubs will be revealed as they become evident as the season progresses.

4. Officials:

An attempt should be made to use CIF officials whenever possible for your personal tournaments . If a CIF official is not available, competent high school wrestlers/coaches can be used as officials. Officiating must stay as close to CIF rules as possible. Unsafe situations need to be reported to the CIF official in the district.

5. Following Weights for 2017-2018 season:

*** these will be the weights for the entire Winter season and no allowance will be given.**

K-1st: 37,40,43,49,55,61,67,73,73+ (15 lbs)

2nd-3rd: 43,49,55,61,67,73,79,85,91,91+ (15 lbs)

4th-5th : 52,58,64,70,76,82,88,94,100,110,120,130,142,142+ (15 lbs)

MS: 70,76,83,89,95,100,106,113,120,126,132,138,145,152,160,170,182,195,220,285

MS GIRLS

65,74,82,91,102,112,123,135,147,160,160+ (20 lbs)

*Weights will be pooled if necessary to get the most matches. Wrestler may be bumped up if necessary, will wrestle to get matches and taken out of equation at end of tourney. EX: 65 will be bumped to 74 (to get matches) and move back down to 65 for award.

**** Girls will be able to wrestle in girls and boys bracket based on 1. Discretion of the coach 2. Discretion of the board.**

6. Uniforms:

Uniforms: Participants will be allowed to wear clothing other than singlets, including 2 piece uniforms if that is all that is available to the wrestler. It is recommended that all wrestlers work toward participating in dual matches and tournaments in singlets or 2-piece if at all possible.

- Headgear: Wrestlers will be required to wear headgear while participating in wrestling matches in order to comply with CIF rules.
 - Mouthpieces must be worn by any wrestler who has braces or other sharp orthodontia appliances
 - Shoes: Referees will determine if shoes are appropriate for wrestling competition.
- Harinets mandatory with CIF APPROVED headgear for boys while girls hair need a tight braid and head cover according to CIF rules.**

7. Other Regulations:

- Mat Size: Mats are to have 25' of inbound.

- Safety: Safety is the #1 issue.

8. Post season Awards:

Valley Saturday February 15th 2019: 1st through 6th places 2" medals

Masters Saturday February 22nd, 2019: 1st through 6th places 3" custom medals or trophies

CVYWA Valley Championships K-8th: 1st-8th (ONLY TOP 6 MEDAL) place trophy/plaque

CVYWA Masters Championships K-8th: 1st-6th place trophy/plaques.

Team Awards:

Top 4 per division

9. Valley and Masters Alternate Policy and Procedures:

No Alternate policy... top 8 from North/South Valley move on to Masters.

-Masters will be a 16 man bracket (top 8 from each Section)

10. Postseason Wrestling: MIRRORS High School... All postseason will be in February.

Individuals K-8th may participate in CVYWA postseason tournaments. See participation policy for restrictions

11. Determining Scoring Wrestler for Postseason Tournaments:

Software will pick highest scoring wrestler from team.

12. Outstanding Wrestler Criteria:

None

13. North/Central/South Valley Tournament Qualification:

North/South Valley Championships will be an open format tournament for Elementary and Jr. High Wrestlers/Teams are bound to their respective Divisions (North/South). Top 8 qualifiers from each event moves on K-1st/2-3rd/4-5th/MS Masters the following week with a 16 man bracket.

14. CVYWA Masters Championship Tournament:

The top 4 wrestlers from North/South will be bracketed into 16 man bracket to become CVYWA Masters Champion.

15. Brackets formats will be available before Masters.

All teams will be emailed brackets before Masters event. **All brackets will be set according to CVYWA approved formula.**

16. Admission Costs for Postseason Tournaments:

Costs should be divided among participating schools. Host should not need to pay for additional costs.

Individual Wrestler Cost:

Valley- \$20 per wrestler

Masters- \$20 per wrestler

* if qualify and NO SHOW to Masters Championships, coach/club/wrestler is responsible to pay \$20 entry fee for each wrestler unaccounted for before the beginning of each season. There will be a list generated after the Valley and Masters Championships of your Club and Wrestler to account for the amount stated. This money will be delivered to HOST team.

***Wrestler will be charged no matter what as well as any alternate taking his/her place.**

**** Association Teams will be charged if elect not to send wrestlers to Valley Championships. All teams need to send high % of their wrestlers based on the final roster. Due amount is based on the Final Roster (\$20 per) due Wednesday before Valley.**

16a. Spectator Entry Fees:

Valley: Adults \$5, Children (under 12) \$2

Masters: Adults \$4, Children, \$2 was indicated that children were considered those under 12. It was encouraged to have a maximum charge for large families. Tournament directors were encouraged to not honor CIF passes.

17. Postseason Championship Tournament Officials:

- The association agreed that CIF officials will be used at all postseason tournaments including League (if at all possible), while Valley, Masters is MANDATORY.

18. Postseason Tournament Team Point Criteria:

Use CIF Rules.

19. Final Team Rosters:

Each team in the CVYWA will submit a team roster to the association before post-season at our final meeting of season. A petition process is used to accept or deny a particular wrestler to compete if they have switched teams during the season.

20. CVYWA Tournaments

***Any CVYWA hosted event must bear Association logo on their flyer and/or any other form of promotion.**